



St Mary of the Cross Newsletter

PRINCIPAL

Mr Matthew Beacroft

Dear Parents & Friends,

Thank you to the parents who were able to come along to the Community Association Meeting on Tuesday night. On the night we discussed the many and varied opportunities for the children over the last couple of weeks and for the rest of the term and then discussed some master planning of our site and future building plans. It is a forum where we welcome your input and expertise and hope to continue to develop the partnership between parent and school.

Some of the topics we discussed on the night included:

- Our athletics carnival is on Monday 15th August Week Six at Windsor Park. This will be on from 9am until 12 pm on the day and parents and friends are very welcome. Over the next couple of weeks all children will be involved in athletics lessons from Athletic coaches as well as the weekly PE lessons. A representative team from our school will be selected across the grades to represent our school at the Zone 6 Athletics Carnival at Bowden Park, Geebung on Thursday 18th August. As the dual reigning Zone 6 percentage champions we will be training hard over the next couple of weeks.
- Our senior students will be involved in a Guinness World Record attempt next Friday 12th August with a number of other schools from South East Queensland with all students attending the convention centre will successfully completing a science experiment.
- The Lutwyche Parish in conjunction with St Mary of the Cross and Holy Cross schools is offering a Social Justice Night on Friday August 26th at Heritage Hall at Woolloowin. The format of the night will be from 6:30 until 8:30 and will see the children and parishioners packing basic bags of toiletries, hear a guest speaker from Orange Sky Laundry talk about the great work they do and share a cup of hot soup. Any donations over the next couple of weeks of soap, toothbrushes, toothpaste, travel shampoo containers, travel tissue packs or wipes to the office will be much appreciated.
- Our Fashion Night which is on Wednesday August 31st at Victoria Park Ballroom. We have sold over sixty tickets now but would love more ticket sales from our parent community as we get closer to the event. Don't leave it too late and miss out on tickets.
- The continued success of homework club on Wednesday afternoons and the very meaningful partnership we have with the Gregory Terrace boys who come and read and help our students.
- A Parent Education night on Reading in Week 9 Tuesday 6th September from 6pm. This will be an forty minute presentation by all classroom teachers on reading strategies and how you can support your child in the library. There will also be a book fair in the library at the same time where you able to purchase some great books from Riverbend. Children will be welcome on the night.
- Our overnight camp for all students from years 3-6 on Monday September 12th and 13th at the Gregory Terrace Outdoor Education centre at Maroon Dam. There will be no cost to parents for this camp.

NAPLAN

This week we sent home our Naplan results for the 2016 year for year 3 and 5 students who sat the test. There has been a lot of press this week about the Naplan test and process. As a principal it was great to see individual progress and some outstanding individual results.

Have a good week,
Matthew Beacroft
Principal

Inside this issue:

Principal	1
APRE	2
School Reminders	2
Pastoral Care	3
Birthdays	3
School Awards	3
Photos / Advertisements ...	4

Specialist Timetable

TUES	PE, Art & Library
WED	Spanish & Music
FRI	Assembly & Sausage Sizzle

Date Claimers

8 Aug	150th Celebration at St Stephens
10 Aug	EKKA HOLIDAY
15 Aug	Athletics Carnival
18 Aug	Zone 6 Carnival
24 Aug	School Mass
26 Aug	Parish Social Justice Night
30 Aug	Book Fair begins
31 Aug	Father's Day Stall Fashion Night
9 Sept	Book Week Celebrations
12-13 Sept	Maroon Camp w Gregory Tce

2016 Terms

Term 3 (10 wks)	Mon 11 July - Fri 16 September
Term 4 (9 wks)	Tue 4 October - Fri 2 December

UNIFORM SHOP

- Winter Uniform**

Jumper: \$22.00
Jacket: \$50.00



- School shoes**

Children: \$75.00
Adults: \$110.00



SCHOOL NOTICES

- School banking is on THURSDAY.**



- SAUSAGE SIZZLE FRIDAY - \$4 includes a sausage on bread, popper & snack**



- As the weather cools, a reminder to all families that due to Work Place Health & Safety - **We DO NOT reheat food for Students.**



APRE

Mr Dean Estreich

Dear Parents and Caregivers,

St Mary of the Cross Feast Day

Monday, 8th August, is Mary MacKillop's Feast Day. Born in Melbourne in 1842, Mary had a passion for education and founded the Sisters of St Joseph who continue her work today in many of our schools. Mary MacKillop was a courageous woman who faced enormous challenges to provide education to children in difficult times and care for those in need. As Australia's first saint, St Mary of the Cross is a wonderful role model who can inspire and challenge us all to be the change we want to see in the world today. This year marks 150 years since the Sisters of St Joseph of the Sacred Heart were founded by Mary MacKillop and Fr Julian Tenison Woods.

Our Year 5 and 6 students will attend mass in St. Stephen's Cathedral on Monday to celebrate the feast of St Mary of the Cross. After mass we will join in celebrations acknowledging 150 years of the Sisters of St Joseph of the Sacred Heart that include the blessing and opening of the new 'MacKillop Walk' in the Cathedral precinct. We will have activities at school across the week to continue the celebration of St Mary of the Cross and her special connection and importance to our school.

Have a peaceful week,

Dean Estreich

Assistant Principal Religious Education (APRE)



Ever generous God,

You inspired Saint Mary MacKillop

*To live her life faithful to the Gospel of Jesus Christ
and constant in bringing hope and encouragement
to those who were disheartened, lonely or needy.*

*With confidence in your generous providence
and through the intercession of Saint Mary MacKillop,*

We ask that you continue to care for our school community.

*We ask that our faith and hope be fired afresh by the
Holy Spirit so that we too, like Mary MacKillop,
may live with courage, trust and openness.*

Ever generous God hear our prayer.

We ask this through Jesus Christ.

Amen.

PASTORAL CARE CORNER

Sr Anne Cannon

Dear Parents,

We all want to have responsible children. Michael Grose gives us the following tips. Giving children responsibility is tricky. It’s easy to give responsibility to responsible children as you’ll know that they’ll follow through. Whether it’s feeding the family pooch; setting the table for mealtime or helping a sibling get ready for the day you only need to remind them once and the job’s done. Too easy! But what about tricky children –It’s not so easy giving responsibility to children that need extra teaching and who need to be followed up. It’s these children that make responsibility-giving hard work, even risky for parents. Giving responsibility becomes a balancing act as we need to weigh up between doing a job ourselves, as it’s important to be done right, or letting children experience the consequence of them not doing their job (the family doesn’t eat until the table is set). It’s easy to take the safe way out and fix their mistakes or safer still, don’t give them any responsibility at all. Ask yourself this: “What does your child do that someone else relies on?” If the answer is zero, then I suggest it may be time to give him or her something significant to do that benefits others – hear a sibling read each day; be the trash controller; tidy the living room before mealtime. There’s generally no shortage of opportunities to help out – just a lack of time to make it happen and perhaps a lack of willingness to put up with the approximations in quality, as well as a child’s occasional attempts at resisting to help out.

Here are five ideas to make responsibility giving easier:

1. **Change responsibilities around.** If possible change chores and responsibilities around each week to avoid boredom (“*This is so boring!*”) and resentment (“*How come I always get the rotten jobs?*”).
2. **Use rosters when possible.** The use of a list or roster takes the onus away from you to always remind children to do their jobs - so it’s a great independence-building tool.
3. **Remind, cue but don’t take responsibility** Children can get tired and overwhelmed with busy schedules so a reminder from time to time about “Who’s turn is it to fill the dishwasher?” can make it easy for children to be responsible, without taking the responsibility away.
4. **Start by completing responsibilities with your children.** If children are new to any task then it’s smart management to spend some time doing the job with them until they get the hang of it, stepping back when you are no longer needed. That’s what working yourself out of a job is all about.
5. **Let them know how you feel when they do it well** Avoid over-praising (or paying) children for helping out. Instead let them know how their help makes you feel: happy, relieved, proud. This takes the onus away from the quality of the help and places the focus more on their contribution, which is what you are encouraging.

While this takes effort, the alternative tends to produce brittle, brattish children and young people are seen to be staying dependent on their parents for longer. And that’s not what great parenting is about.

Michael has a great article on chores on his website, or I can give you a copy.

Mary MacKillop would say: “Love one another and help one another”.

Happy job-sharing into the future.

God bless

Sr Anne

DARLING POINT FUN RUN

CONGRATULATIONS to **KYUSS CALLAGHAN** who came in ninth in a field of over two hundred. That is a tremendous effort, given that some of the runners were much older than Kyuss. **IVY JEWELL** was our other runner who also did well and came home with a Bunnings hat as her prize for great effort.

SENIORS’ MORNING TEA

Please remember to reply to our special Morning Tea on 17 August. We need to know who is coming so we can have enough seats and enough food! We hope to see many grandparents and older friends here as our children perform for them and then serve them.



AUGUST

17th	Zac
19th	Koormurri
21st	Saesha
24th	John



SCHOOL AWARDS

Principal	James
Prep	Jade & Cooper
YR1-2	Mallina & Seth
YR3-4	Craig & Lethae
YR5-6	Lily & Georgia
Sr Anne	Kyuss





The Principal
and Students of



ST MARY OF THE CROSS SCHOOL
with Sr Anne invite
YOU

to morning tea to celebrate
**150 Years of the Sisters of
St Joseph**
in
Seniors Week
on

WEDNESDAY 17 AUGUST
9:45am – 11:00am

RSVP: 3857 4803 or
pwindsor@bne.catholic.edu.au
by 10 August



HEALTHY LUNCHES

Here's a great idea to add fruit to the diet, to provide a healthy snack at home and one that will go in the lunchbox (minus the yoghurt and blueberries). Children can help with these.



BLUEBERRY FLAPJACKS

Ingredients

- 3 eggs, separated (without separating the eggs, they will be less fluffy and not quite as healthy)
- ½ cup canned pie apple
- 1 teaspoon vanilla extract
- 1 ½ cups natural reduced fat Yoghurt
- 1 ¾ cups wholemeal self raising flour
- 230g frozen or fresh Blueberries (or other berry fruit)

Method

- Beat 3 egg white in a small bowl with an electric mixer until soft peaks form
- Combine 1 egg yolk, canned apple, vanilla, yoghurt and whole-meal self-raising flour and blueberries in a large bowl.
- Fold egg whites through the mixture.
- Heat small non stick fry pan, pouring batter in ladle sized spoon into the pan, leaving sufficient room to flip each pattie.
- Cook until bubbles appear on the surface, then flip over until lightly browned underneath.
- Remove from pan, set aside on plate and repeat step 4-6 with remaining mixture. Serve with dollop of yoghurt & blueberries.

Mumma
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Individual
STYLE
101

what the
teacher
wears



PAYMENT OPTIONS

DIRECT DEPOSIT

NAME: Fundraising
BSB: 064-786
ACC: 520190103
REF: Please use your
SURNAME

CREDIT CARD

Phone Payment on 3857 4803
(VISA & MASTERCARD only)

SECURE
YOUR TIX
TODAY

LAUNCH EVENT | AUGUST 31st | 6.30 - 9.30pm

**Lutwyche Parish
Social Justice
Night with
Orange Sky
Laundry**



Heritage Hall, Chalk St, Woolloowin

Friday 26th August

6:30pm - 8:30pm

All ages welcome

(children under 11y.o. must be accompanied with an adult)

\$5 entry per person inc. a cup of soup

REGISTER TODAY!

via Parish or School Office or after Mass

PH: 07 3857 4803
Fax: 07 3857 5039
Email: pwindsor@bne.catholic.edu.au

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Find us and like our Facebook page:
St Mary of the Cross School Windsor



www.stmaryofthecross.qld.edu.au