Dear Parent and Friends,

As always we have another busy week at our wonderful school.

School Athletics & Zone 6 Carnivals
Thank you to all staff, students and parents who were part of our many athletic feats across the week.

We started on Monday with our School Athletics Carnival. Thank you to the parents and friends who were able to come along and support on the day.

This led to the our students competing in Zone 6 Athletics on Thursday. The children were extremely competitive across all races and this led to us winning the Zone 6 Percentage Trophy for the third year in a row! Thank you to the staff who prepared, organised and coordinated the day. It is a great result for a small school that is big on heart and spirit.

Fashion Night
We would very much appreciate further support from our parent community as our ticket sales approach 100 tickets very quickly. This will be a wonderful night which will support our school.

Our Fashion Night is on Wednesday August 31st at Victoria Park Ballroom. Tickets available for purchase at the school office.

Social Justice Night
The Lutwyche Parish in conjunction with St Mary of the Cross and Holy Cross schools is offering a Social Justice Night on Friday August 26th at Heritage Hall at Wooloowin. The format of the night will be from 6:30 until 8:30 and will see the children and parishioners packing basic bags of toiletries, hear a guest speaker from Orange Sky Laundry talk about the great work they do and share a cup of hot soup. Any donations over the next couple of weeks of soap, toothbrushes, toothpaste, travel shampoo containers, travel tissue packs or wipes to the office will be much appreciated.

Homework Club
Homework is now finished for Term 3. Thank you to Gregory Terrace for their continued support of Homework Club on Wednesday afternoon. As always we value their great friendship.

I am currently in Sydney on a tour looking at high performing schools and contemporary learning environments as we undertake our building work next year. It is always great to learn from different settings and leaders but it does also reinforce what great teaching and support staff I am privileged to lead.

Have a good week,

Matthew Beacroft
Principal
EVERY FRIDAY
$4 includes a sausage on bread, popper & snack.
MAKE LIFE EASY - PAY UP FOR THE TERM BY EFT!

School banking is on THURSDAY.

Winter Uniform
- Jumper: $22.00
- Jacket: $50.00

School shoes
- Children: $75.00
- Adults: $110.00

APRE
Mr Dean Estreich
Dear Parents and Caregivers,

School and Zone 6 Athletics
Congratulations to all our students for their efforts in competing in our carnivals this week. I would especially like to thank our staff and parents who were able to help out and enjoy the events with us. St Mary of the Cross has won the Zone 6 Percentage Champions trophy for the third year in a row. Well done!

St Mary of the Cross School Mass
Our next school Mass will be celebrated next Wednesday 24th August at 9am in Holy Rosary Church. We welcome all St Mary of the Cross families, friends and our Parish to this celebration of Eucharist.

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Congratulations to all our students for their efforts in competing in our carnivals this week. I would especially like to thank our staff and parents who were able to help out and enjoy the events with us. St Mary of the Cross has won the Zone 6 Percentage Champions trophy for the third year in a row. Well done!

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Dean Estreich
Assistant Principal Religious Education (APRE)
PASTORAL CARE CORNER
Sr Anne Cannon

Dear Parents

Pope Francis has given us Ten Secrets to Happiness. Here is a summary of the first five.
Let’s try to be good stewards of the level of happiness in our community and our world.

**Live and let live.** All of us will live longer and more happily if we stop trying to arrange other peoples’ lives. Jesus challenged us not to judge but to live with the tension and let God and history make the judgments. So we need to live by own convictions and let others do the same.

**Be giving of yourself to others.** Happiness lies in giving ourselves away. We need to be open and generous because if we withdraw into ourselves we run the risk of becoming self-centred and no happiness will be found there since “stagnant water becomes putrid.”

**Stop being negative.** Needing to talk badly about others indicates low self-esteem. Negative thoughts feed unhappiness and a bad self-image. Positive thoughts feed happiness and healthy self-esteem.

**Respect others’ beliefs.** What we cherish and put our faith into grows “by attraction.” Beauty is the one thing that no one can argue with. Cherish your values, but always act towards others with graciousness, charity, and respect.

**Work for peace.** Peace is more than the absence of war and working for peace means more than not causing disharmony. Peace, like war, must be waged actively by working for justice, equality, and an ever-wider inclusivity in terms of what makes up our family. Waging peace is the perennial struggle to stretch hearts, our own and others, to accept that in God’s house there are many rooms.

*Mary MacKillop would say: “Charity of heart thinks well of others, loves to make others happy and looks to the kind word, kind act.”*

Have a good week spreading happiness, with more tips to come next week!

God bless

Sr Anne.

HEALTHY LUNCHES

Here’s a great recipe for breakfast or a weekend meal. If you children don’t like cooked tomato, use cherry tomatoes and serve them cold on the side.

**SPINACH AND TOMATO OMELETTE**

**Ingredients**
- 4 large organic eggs
- salt and pepper
- 1 large vine tomato
- 1 tbsp olive oil
- 1 good handful of baby spinach leaves

**Method**
1. Beat the eggs with some seasoning and reserve. Deseed and roughly chop the tomato. Heat the oil in a 20cm frying pan. Gently fry the chopped tomato over a medium heat for 1-2 minutes just to soften. Transfer to a plate and set aside.
2. Pour the beaten eggs into the frying pan and cook for 3-4 minutes, pushing the edges into the middle and tilting the pan to distribute evenly.
3. Sprinkle over the spinach leaves and reserved cooked tomato and cook for a further 2-3 minutes or until the spinach has just wilted and the eggs have set. Fold one half of the omelette over and slide onto a plate. Cut to serve.

MINI VINNIES – PARISH SOCIAL JUSTICE NIGHT

Mini Vinnies will conduct our Fathers’ Day stall on Wednesday, 31 August with funds to go to this night, but it would be great if you could join in the night. See the details on the back page of this newsletter.
Lutwyche Parish Social Justice Night with Orange Sky Laundry

Heritage Hall, Chalk St, Wooloowin
Friday 26th August
6:30pm - 8:30pm
All ages welcome
(children under 11y.o. must be accompanied with an adult)
$5 entry per person inc. a cup of soup
REGISTER TODAY!
via Parish or School Office or after Mass

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Find us and like our Facebook page:
St Mary of the Cross School Windsor

www.stmaryofthecross.qld.edu.au
News from the Library

Share your story! That is the message in the song the students are learning as we prepare for our Book Week celebration day on **Friday 9th September**. It was a joy to watch the children listening and singing along to the lyrics this week in the library. This joy turned into amazement as we watched Mrs Seymour’s skill with the body percussion movements in the song. Written by Nathan Cahill especially for Book Week, the lyrics are a wonderful reflection on Australia: Story Country.

*Come and let the nations hear your story*
*Let your song be heard across the land*
*Sing it from the hills into the valleys*
*From the forests to the desert sands*
*So tell it to the sun!*
*Tell it on the drum!*
*Tell it from the mountains to the sea.*
*And though you may be young*
*There’s a story to be sung*
*Tell it to your friends and family*
*SHARE YOUR STORY!*

The schedule for the day so far:
8:30am: Indigenous Literacy Café, raising money for the Indigenous Literacy Foundation
11:30am: Class Presentations of short-listed books, singing, media arts
2:00pm: Inaugural St Mary of the Cross poetry recital Grand Final!

Please contact us if you have any questions.
Ms Nena Morgante, Mrs Bev Hickey & Mrs Di Morley
pwinlibrary@bne.catholic.edu.au