



St Mary of the Cross Newsletter

PRINCIPAL

Mr Matthew Beacroft

Dear Parents and Friends,

Welcome back and I hope you had an enjoyable and relaxing holiday with your children. With a short nine week term we have a number of engaging, challenging and rewarding activities happening at school across all areas of school life. One activity that has already occurred this morning was the celebration of our wonderful teaching and support staff breakfast provided by our parents for World Teacher's Day. The staff who were able to come were very much grateful and appreciative for this very kind gesture and our wonderful super capes. As principal of the school I know I am very lucky to lead such a dedicated, energetic and fun group of educators and we very much appreciate your ongoing support.

Earlier this week a note went home which detailed some of these activities in more detail.

Building Works

Over the holidays we completed our Reading and Reflection space in the corner of the school grounds near the hall. This shady and beautiful space includes bench seating, "grass milk crate seating" and 5 posts representing the five colours on our school logo. A sign will be going up in the future which details what those colours represent. The space also includes our Reading Man made from PVC piping and holding a book and was made by Mrs Dos Santos. This was part of a larger scope of works which included our school sign going up on our Library building and a new front fence going up on Lutwyche Road and continuing along the school driveway. It is a wonderful space which will be utilised by all classes across the school and after school care. A special thank you to Mrs Dos Santos and her husband Diogenes for their hard work and creative flair.

Swimming Lessons

The children start swimming lessons next Friday at Newmarket Pool. These lessons will continue for five weeks and culminate in a swimming carnival on 18th November. Parents and Friends are very welcome at this carnival.

Dance Cart

On Thursday this week all children started their Dance Cart lessons which will continue for the rest of the term and conclude with an End of Year Christmas concert.

Beach Day

A note went home explaining in more detail your requirements for our annual whole school beach day for all students on Wednesday 19th October. This day will see the students participate in beach games and a brief swim in between the flags with lifesavers and staff supervision. Lunch will be provided by St Joseph's, Gregory Terrace on the day but as the note outlines morning tea needs to be brought along on the day, along with a water bottle and a broad brimmed hat which can be your school hat. Dress for the day is sun safe casual clothing.

Pupil Free Day

Monday 17th is a pupil free day and the school will not be open. Our teachers will be off-site collaborating and moderating samples of student work with another school.

Kathryn and her team at WSACC will be open and operating a 'vacation care day' with the offering of a free 'day in the park' excursion. Please contact Kathryn at WSACC directly to make a booking.

Curriculum Planning

Teachers have been working very hard over last term and the holidays to plan for Term 4. During this time teachers use the Australian Curriculum to guide them to plan rich learning and activities for your child/ren. The teachers work in teams within our school and outside our school to ensure consistency in practice and pedagogical approaches. Our goal is always to move towards the Achievement Standards for each Learning Area. The Australian Curriculum Website is a public site available to all people interested in education. Here are some of the specific links for parents.

Watch this introductory CLIP about the Australian Curriculum <http://www.australiancurriculum.edu.au/resources-and-support/parent-information/introduction>

Parent overview http://www.acara.edu.au/_resources/The_Australian_Curriculum_an_overview_for_parents.pdf

Frequently Asked Questions <http://www.australiancurriculum.edu.au/resources-and-support/parent-information/faqs>

Have a good week,

Matthew Beacroft - Principal

Inside this issue:

Principal	1
APRE	2
School Reminders	2
Pastoral Care	3
Birthdays	3
School Awards	3
Photos / Advertisements ...	4

Specialist Timetable

TUES	PE, Art & Library
WED	Spanish & Music
THU	Dance Cart
FRI	Swimming, Assembly & Sausage Sizzle

Date Claimers

WED 12 Oct	Homework Club
FRI 14 Oct	Swimming Lessons Start
MON 17 Oct	PUPIL FREE DAY - NO SCHOOL
WED 19 Oct	Terrace Beach Day
WED 26 Oct	Homework Club
WED 2 Nov	Homework Club
TUES 8 Nov	Prep Orientation Day
FRI 18 Nov	Swimming Carnival
THU 24 Nov	End of Year Concert
TUE 29 Nov	Year 6 Graduation

2016 Terms

Term 4 (9 wks)	Tue 4 October - Fri 2 December
-------------------	-----------------------------------

UNIFORM SHOP

- **Swimming Caps**
Blue (Tension): \$5
Yellow (MacKillop): \$5



- **School shoes**
Children: \$75.00
Adults: \$110.00



SCHOOL NOTICES



School banking is on
THURSDAY.



EVERY FRIDAY

\$4 includes a sausage on bread, popper & snack.

**MAKE LIFE EASY -
PAY UP FOR THE
TERM BY EFT!**



As the weather cools, a reminder to all families that due to Work Place Health & Safety -
We DO NOT reheat food for students.

APRE

Mr Dean Estreich

Dear Parents and Caregivers,

We are now into the busyness of term 4 and on the last leg of the journey for the 2016 school year. January seems such a short time ago. It doesn't take long to realise, that we have managed to fit a whole lot of learning and growth into the year thus far. Hopefully, for each of you, there is a sense that the time has been well spent - that we have been challenged, that we have been nurtured, that we have reached out, that we have laughed, that we have cried, that we have made mistakes, that we have been forgiven, that we have been forgiven and that in the process, we have learnt some things along the way. May we continue to do our best in all things as we continue on the journey.

We have been blessed with many opportunities this year. It is rewarding to contemplate the many people who have helped us learn and grow this year. We draw upon our interactions and conversations with our friends, family and teachers that guide us.

Mary MacKillop had many wonderful sayings, some of which we can take with us as we continue to work together this year.

- *Never see a need without doing something about it.*
- *We all make mistakes sometimes*
- *Be gentle and kind to one another*
- *Remember we are all but travellers here*
- *Trust in God*
- *Have courage, not matter what your crosses are*
- *There is a God who, in every situation of our lives, is there to love us, to enlighten us and to strengthen us.*

Take some time to contemplate these wise words and look for guidance as we continue our journey together this year.

Have a peaceful week,

Dean Estreich

Assistant Principal Religious Education (APRE)



This term, PREP are collecting the Woolworths World Explorers Cards as part of their 'Around the World' topic.

If you shop with Woolworths and don't have a need for the cards, could you please start collecting today!

Cards can be dropped to the office or Prep classroom.

With thanks,

Mrs Wick, Mrs Curran, Mrs Cooper and Prep Students

PASTORAL CARE CORNER**Sr Anne Cannon**

Dear Parents,

Welcome back to the last term. As we rush towards the end of year and Christmas, it may be a time to focus on relationships so that Christmas can be celebrated for what it is – God’s relationship with us. End of year activities, especially for those moving away from St Mary of the Cross can be a celebration of the relationships that have been forged here. Andrew Fuller, a respected Australian psychologist talks about RQ – a **Relationship Quotient** that we all need to develop in our lives. He says creating quality relationships involves giving yourself to that relationship unconditionally. We need to develop our inner senses

If we are out of tune with our self it is very hard to be in tune with others.

Just as we learn to sensitize our body senses we can learn to refine our inner senses. By developing our inner senses we make ourselves “fit” and able to create great relationships with others and ourselves.

For him, the basic values of the RQ are:

- **Trust**- the belief that a person will not put their interest ahead of yours. Trust involves giving to another person. In trusting you become vulnerable because trusting involves surrendering to the other on the understanding that it is safe to do so. You put your faith in someone else and give him or her the gift of trust in the belief that they will respect and protect you. You believe the person receiving the gift of your trust will be kind, empathic and giving. Trust gives confidence.
- **Forgiveness** - you “give-for” the relationship to continue to grow. When trust is tested, forgiveness enables trust to be regained with respect and dignity. It re-establishes trust when it is threatened. Giving for others and ourselves enables growth.
- **Integrity**- the intention to do the right thing. Integrity is doing what you say you will do and acting in ways that are fair.
- **Hope** - the belief that the future can be better than the present. Hope is the promise to actively give, to care for each other and to strengthen the relationship. When hope is created in relationships, it builds an expectation that mistakes and times of trouble can be overcome.
- **Compassion** - the understanding that we are not perfect and we all make mistakes. It is accepting this in ourselves and in the people with whom we are in relationship. It is the gift of care to others and to ourselves. It is also the intention to create good rather than harm in the world.

Mary MacKillop would say: *“Love one another, each one always, in good or bad, not minding how things seem.”*

Have a good week, building your RQ.

God bless,

Sr Anne
School Pastoral Worker

HEALTHY LUNCHES

I’m sure we all enjoyed ‘treats’ over the holidays. October is **‘Nude Food Month’**. This is meant to highlight the care of the environment as much as care of our body. “Nude food’ is food that is not wrapped, it is fresh food placed in a lunch box. That keeps millions of pieces of plastic and plastic containers out of landfill and waterways. The food is going to be unprocessed and fresh – the best way to eat healthy food.

For the next four weeks, I will offer snippets from the *Nude Food Day* website.

**OCTOBER**

11th	Rozlyn
16th	Oliver B
23rd	Isabella

**SCHOOL AWARDS**

Principal	Cooper
Prep	Cooper, Hayden
YR1-2	Celiya, Seamus, Dominic
YR3-4	Joshua
YR5-6	Joanne & Jenny

NUDE FOOD RECIPES

A healthy lunch has four components:

1. A main item, such as a sandwich/wrap/roll, pasta with vegetables, soup, frittata or sushi.
2. A fruit or vegetable snack, such as whole fruit, cut up veggie sticks, fruit or savoury kebab or a small salad.
3. A second snack based on a core food, such as reduced fat yoghurt, grainy crackers with reduced fat cheese, plain popcorn, a slice of raisin bread, a whole-meal fruit muffin, a boiled egg or a can of tuna.
4. And a drink. A bottle of tap water is best, and plain UHT milk is also acceptable.

Nutrition Australia; 2013



Yr 1/2 Geography Unit - Environment Defenders with Mrs Morgante



Building Works around the School



Term 3 - Media Arts Wrap Up with Mrs Crocetti



PH: 07 3857 4803
Fax: 07 3857 5039
Email: pwindsor@bne.catholic.edu.au

22 Grafton St, Windsor Qld 4030
PO Box 535, Lutwyche Qld 4030

 Find us and like our Facebook page:
St Mary of the Cross School Windsor



www.stmaryofthecross.qld.edu.au



INVITE YOU TO COME AND JOIN US!!

Monday: Bracken Ridge Baptist Church,
47 Norris Road, Bracken Ridge
10am-12noon

Wednesday: Koobara Kindergarten,
421 Beams Road, Taigum
9:30am-11:30am

Local pickups available!

Phone: 3265 7171

We acknowledge the Traditional Owners of the lands that our playgroups meet on.

We explore through play!



Morning tea is provided (parents are welcomed to contribute).



FOR MORE INFORMATION CALL KOOBARA PLAYGROUPS PROGRAM
OFFICE - 07 3265 7171
PLAYGROUP WORKER- 0403110673
OFFICE HOURS- 8AM- 4PM

KOOBARA
PLAYGROUPS ALSO
OFFER FAMILY
SUPPORT

YOU'RE INVITED!

Designed and constructed by

lendlease

An initiative of



Dedicated to a better Brisbane

KINGSFORD SMITH DRIVE UPGRADE

VISITOR CENTRE OPEN DAY



LOCATION

*Project site office,
605 Kingsford Smith Drive, Hamilton*

DATE

Saturday 15 October 2016

TIME

9am – 1pm

*Food and
drink stalls*



CHECK OUT THE VISITOR CENTRE



All-new designs

Cycling simulation

Interactive displays

Project models

Meet the team

Bring the family along to have some fun, meet the team and learn more about the project.



FREE

Face painting

Wildlife display

Paper plane workshop

Giant board games

Jumping castle

FUN!

INVITATION FOR FAMILIES to a Mt Maria College Community Event

All families are invited to The HOLT BOLT @ Mt Maria College Oval
on Saturday 22 October – 9am – 2pm

Watch the invitation video here: <https://youtu.be/0sMz2GBjOqw>



REGISTER NOW: <http://theholtbolt.com/event-registration/?ee=37>

What is the HOLT BOLT?

It's an uber fun obstacle course (one for kids and one for adults) for all the family from Prep to the young and fit at heart!

For the kids: Giant Inflatable Obstacles with climbing walls and slides! Foam Pits! Water Slides! Pools! Vaults! Tunnels! Spiders Webs! The Superman Swiss Balls! Ute rock climbing wall! When kids aren't doing the obstacles they are playing Laser Tag – Capture the Flag! or doing Tug-of-War!!

For the adults: Keg walls, hurdles, rope climbs, cargo net climbs, sandbag carries, foam pit, tyre harness drags and heaps more!

PUT A TEAM TOGETHER & COMPETE... KIDS, PARENTS, TEACHERS & FRIENDS!

\$25 per person with waves going every 40 minutes from 9am to 2pm

Local food trucks and drinks will be available on site throughout the day....

REGISTER NOW: <http://theholtbolt.com/event-registration/?ee=37>